

| Month:  |        | Consu   | Consumer: |          |        |               |
|---|--------|---------|-----------|----------|--------|---------------|
| Choose One: L=Large, M=Medium, S=Small Choose One: H=Hard, M=Medium, S=Soft Ex: MH=Medium H |        |         |           |          |        | H=Medium Hard |
| Sunday  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday      |
|   |        |         |           |          |        |               |
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<sup>\*\*</sup> If consumer does not produce bowel movement within three days, staff is to contact the nurse for further guidance. \*\*